

Lauren Flynn

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EDUCATION

Bachelor of Science in Political Science

Spring 2023

Florida State University- Honors College- Tallahassee, FL

GPA: 3.96/4.0

STUDENT-ATHLETE EXPERIENCE

Florida State University Soccer Student-Athlete

July 2020-Present

Tallahassee, Florida

- Averaged 40+ hours a week on soccer training while balancing a full academic course load
- Worked in a team environment to accomplish team and individual goals
- Developed time management skills to meet demands of balancing school and sport
- Worked with people from diverse backgrounds to achieve a common goal
- Developed problem solving skills through teamwork and collaboration

WORK EXPERIENCE

Skill Development Soccer Coach

2018 - Present

Arlington, Virginia

- Instructed youth athletes on the fundamentals of soccer and teamwork
- Coordinated logistics of camp operations to effectively provide soccer instruction
- Determined individual and group rates and advertised them to potential clients

NIL Rising Spear Appearances

2022- Present

Tallahassee, Florida

- Mentored at youth after school program to provide academic assistance
- Utilized NCAA Name, Image & Likeness to generate income from student-athlete experience

VOLUNTEER EXPERIENCE

Kickin it for Miracles

January 2023

Tallahassee, Florida

- Helped organize and raise money for pediatric hospitals by participating in a kick ball game
- Interacted with kids battling pediatric illnesses to provide some fun and relief from their treatments

Literacy Week

January 2022, 2023

Tallahassee, Florida

- Helped teach reading comprehension skills to children in the community
- Promoted the love of learning and value of education to disadvantaged youth

LEADERSHIP EXPERIENCE

Florida State Student Athletic Advisory Council

2022- Present

- Collaborated with other student athletes to improve the student athlete experience and assist the athletic department administration
- Promoted mental health awareness within the athletic community

ACC Women's Soccer Student Athletic Advisory Group

2022- Present

- Represented Florida State Women's Soccer and collaborated with student-athletes across the Atlantic Coast Conference to assist the ACC Council and help the development of women's athletics

ATHLETIC AND ACADEMIC AWARDS

- USA Under-20 National Team 2021-2022
- -Represented the United States on multiple stages including the 2022 Under-20 World Cup
- NCAA D1 National Champion 2021
- ACC Conference Champions 2020,2021,2022
- Graduating from Florida State Honors College
- Florida State University Dean's List every semester (3.5+ GPA) 2020,2021,2022
- ACC Academic Honor Roll 2020,2021,2022